

Name	Irina Arestova
Position	Associate Professor at Institute of Earth Sciences
Affiliation	St. Petersburg State University
Higher education	<ul style="list-style-type: none"> • 2003 PhD in Geoecology, St. Petersburg State University, Russia • 1994-1998 PhD Student at State St. Petersburg University, Faculty of Geography and Geoecology, Department of Geoecology and Nature Management • 1989-1994 Diploma degree, Faculty for Geography and Geoecology, St. Petersburg State University, St. Petersburg, Russia
Academic career	<ul style="list-style-type: none"> • October 2005 to present Associate Professor at St. Petersburg State University, Institute of Earth Sciences • 1997-2004 Research Assistant at St. Petersburg State University, Faculty of Geography and Geoecology, Department of Geoecology and Nature Management
Teaching activities	<ul style="list-style-type: none"> • 2015 to present Lectures “Environmental safety and nature management in the Russian Arctic” (one module) (M.Sc.) St. Petersburg State University, Institute of Earth Sciences, Department of Geoecology and Nature Management. • 2012 to present Lectures “Protection of Environment in the RF and the International Cooperation” (M.Sc.) St. Petersburg State University, Institute of Earth Sciences, Department of Geoecology and Nature Management. • 1997 to present Lectures: “Nature protection” (B.Sc.) at St. Petersburg State University, faculty of Geography and Geoecology, Departments: Country Studies & International Tourism, Economic & Social Geography. “Environmental legislation” (M.Sc.) “Protection of Environment, reserved management and studies” (B.Sc.) “Field environmental studies” (one module) (B.Sc.) “Methods of physical-chemical analysis of soils and plants” (B.Sc.) St. Petersburg State University, faculty of Geography and Geoecology (Institute of Earth Sciences since 2012), Department of Geoecology and Nature Management.
Research and development projects during the past 5 years	<p>Grant of Russian Geographical Society and Russian Foundation for Basic Research “Development of innovative solutions for optimization and unification of environmental monitoring of oil and gas fields in the northern regions of Russia” (2017-2020)</p> <p>Project: “NOR-RUSS Environment (Environment of Norway and Russia)” (2012-2015) - Norwegian Cooperation Programme in Higher Education with Russia, Project number: CPRU-2011/10074</p>
Significant publications during the past 5 years	<p>Selected publications from overall 60:</p> <p>Arestova, I.Yu., 2016. On the issue of recreational sustainability of the</p>

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	<p>reserves of the Karelian Isthmus. / Science yesterday, today, tomorrow - collection of scientific articles. № 2 (24). Part I. Novosibirsk, pp. 68-73.</p> <p>Arestova, I.Yu., Efremova A.D., Ermakova A.B., 2015. Analysis of the recreational potential of the Shorsky National Park. / Nature and economy of the Kemerovo region and adjacent territories: collection of scientific articles. Novokuznetsk, pp. 206-212.</p> <p>Opekunova, M.G., Arestova, I.Yu., Elsukova, E.Yu., Sheynerman, N.A., 2015. Methods of physical-chemical analysis of soils and plants: Laboratory manual. SPBSU Publishing House, Saint Petersburg, 78 p.</p>